



# MABL HANDBOOK 2019-2020

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## TEAM SECRETARY GUIDE

This guide is intended to assist clubs with the day to day running of your club, to make it both easier and more efficient.

### CLUB REGISTRATION:

All clubs must be registered with the League before the deadline set out in the AGM (usually the end of June) and entry after this cannot ensure a league birth. All entries must be accompanied by the relevant fee, which currently sits at **£75** for a single team, **£135** for 2 teams and **£185** for 3 teams. A cheque and completed entry form are to be sent to **John Cihlar** ([see committee contacts](#)) before the deadline. Any late entries will be considered by the league dependant on the current format, amount of teams, and location of the new entrant.

### PLAYER REGISTRATION:

An unregistered player is not insured, and therefore zero tolerance is given to unregistered players. The definition of registered means, either **Basketball England (BE)** or the **league registrar** has given the player or club secretary a membership number for the individual involved.

All clubs must be registered using [BE's Membership Portal](#), and subsequently each player, coach and assistant coach must also be registered. For the avoidance of doubt technically anyone who sits on the team bench must have a valid **BE** membership number. Often partners, families and spectators sit on the bench also. The match officials have the right to ask them to sit elsewhere if they are not registered.

### KIT STANDARDS:

Any team must have a kit of a standard acceptable to the league. This is as follows:

- All vests must match
- All vests must be numbered front and back
- Shorts do not have to match the vest but must all be the same colour and must not clash with the other team and must all be the same throughout the kit. Exceptions on this can only be authorised by your divisional representative PRIOR to a game starting.
- The home team must always change kit, if there is a kit clash. Best practice is to have 2 kits, a white home kit and a darker away kit. We do accept that new clubs may not have 2 kits and it is vital that any clashes are identified early.
- Undergarments are not permitted and match officials will enforce this. Knee supports and other medical aids are acceptable.

So you have a kit, a team of registered players, now what else do you need to do to ensure things run smoothly?

### TABLE EQUIPMENT/OFFICIALS:

The following equipment is needed at all levels of the MABL, and all teams need this without exception:

- A scorebook which is verified by the Basketball England (running or traditional format). Best practice is to have a traditional format scorebook. These can be purchased from a variety of sources, but if you are having trouble please contact your divisional representative ([see committee contacts](#)).
- A clear scoreboard. Flip scoreboards are fine as long as they are visible from the far side of the court. Digital scoreboards are also welcome, however please ensure your TO is familiar with it and competent prior to tip off.
- Large Visible clock

- Foul Markers
- Team Penalty Cones in the absence of a digital scoreboard.
- Stopwatch (for time outs).
- Black pen, red pen (for scorebook)
- Horn/Buzzer (unless the digital scoreboard has one)
- A match ball (must be a leather ball in good condition)

A competent Table Official is needed for every club, **Dave Rogerson** ([see committee contacts](#)) is able to provide assistance with training. The league will allow a Level 1 Table Official to work alone, but in effect you should provide one to keep score and one to keep the time. Both must be competent at the role they undertake. The league can arrange for assessments of Table Officials to be carried out.

### **MATCH VENUE:**

The league has for many years, strived to assist clubs with venue suitability, and it has been and always will be an issue if not managed correctly, with basketball being a minority sport in the UK. You must ensure your home venue has the following:

- Suitable court markings which are clear (new markings are preferred, but old markings are permitted).
- Suitable space both underneath and behind the basket and at the side-lines (room to fit a bench?).
- Suitable space for a table at halfway.
- Clear and clean playing surfaces (not dusty or muddy).
- Changing facilities.
- No gym equipment suspended from the ceiling or walls that hinders shooting.

You need to make sure your venue is available for the match to be played 7 days in advance.

So you have your team and players registered, you have a kit, a table and equipment, and a venue. Surely you are ready to go?

## ADMINISTRATION OF THE CLUB:

Each club can set themselves up as they see fit, however it is generally advised to have the following:

- Treasurer (makes sure people pay subs, match officials are paid, the venue are paid etc)
- Secretary (ensures away teams visiting know how to get there, there is no kit clash, responsible for all communication with the league and other teams).

The home team has the responsibility of arranging the fixture:

At least **7 days** before each match the home team must contact the visiting team to confirm the tip off time, venue, team colours. If contact cannot be made prior to **7 days** before the game the Divisional Representative must be informed. Some teams have set up a Hotmail account specifically to deal with emails. In this way more than one person can access it, it is always online (service is never interrupted). Make contact by phone wherever possible as emails may not get checked often enough. If the away team are not contactable **7 days** prior to the fixture, the Divisional Representative must be informed ([see committee contacts](#)).

The home team must also contact the designated officials **7 days** before the game and confirm the same points.

Away teams must also inform the divisional coordinator if no contact has been made within **7 days** by the home team, they too must contact the divisional coordinator.

Realistically if you are the away team there is no harm in your contacting the home team to sort this out, and wait to be called.

## WHAT TO DO AFTER THE GAME?

Publishing the league standings needs to be done quickly and efficiently. The winners of the game should scan and email the **winners copy** of the score sheet to their **Divisional Representative** ([see committee contacts](#)), and retain the sheet for future record. Failing availability of a scanner, please make a copy for your own files and send the winners copy by post to your divisional coordinator. **The deadline is 7 days after the fixture has taken place, otherwise point deductions are possible.**

To ensure the league tables on the website are kept up to date, please email or text the result to **Lee Carlisle** ([see committee contacts](#)).

## RULES OF THE GAME

It doesn't hurt to go to the FIBA website and print off a copy of the latest rules and interpretations. Often players think a rule exists and it doesn't or has been changed. If you have reason to question anything, you can't do so unless backed up by fact (the rules). Also, the MABL rules are on the website for your reading pleasure, this is vital to being competitive and not making mistakes that could cost you games. Additions to the rules are made every year along with changes. Please contact **Tom Muldoon** ([see committee contacts](#)) if you have any questions. Stay informed!

The following link takes you to the FIBA site: [FIBA BASKETBALL RULES](#)

## GUIDE TO BASKETBALL ENGLAND ONLINE REGISTRATION

A guide to registering your club and players can be found at the following link:

<https://www.basketballengland.co.uk/become-a-be-member>

## COMMITTEE CONTACT LIST

POSITION	NAME	EMAIL	PHONE
Chairman	Gareth Keith	<a href="mailto:gareth.k@mabl.co.uk">gareth.k@mabl.co.uk</a>	0771 176 0071
General Secretary	John Cihlar	<a href="mailto:john.c@mabl.co.uk">john.c@mabl.co.uk</a>	0777 610 1621
Treasurer	Simon Felstein	<a href="mailto:simon.f@mabl.co.uk">simon.f@mabl.co.uk</a>	0781 588 8938
Disciplinary Officer	Lino Figueiredo	<a href="mailto:lino.f@mabl.co.uk">lino.f@mabl.co.uk</a>	0754 428 7118
Welfare / DBS Verifier	Gareth Keith	<a href="mailto:gareth.k@mabl.co.uk">gareth.k@mabl.co.uk</a>	0771 176 0071
Website / Social Media	Lee & Simon Carlisle	<a href="mailto:lee.c@mabl.co.uk">lee.c@mabl.co.uk</a>	0780 359 3274
REFEREE & TABLE OFFICIALS			
Referee Appointments	Tom Muldoon	<a href="mailto:tom.m@mabl.co.uk">tom.m@mabl.co.uk</a>	0797 618 0513
Table Officials Officer	Dave Rogerson	<a href="mailto:dave.r@mabl.co.uk">dave.r@mabl.co.uk</a>	0781 281 3437
MENS LEAGUE REPRESENTATIVES			
Premier Division	Michael Case	<a href="mailto:michael.c@mabl.co.uk">michael.c@mabl.co.uk</a>	0738 439 1794
	<b>SCORESHEETS SENT TO</b>	Email score sheet or contact Michael for his postal address	
Championship Division	Gareth Keith	<a href="mailto:gareth.k@mabl.co.uk">gareth.k@mabl.co.uk</a>	0771 176 0071
	<b>SCORESHEETS SENT TO</b>	Email score sheet or contact Gareth for his postal address	
Division 1	John Cihlar	<a href="mailto:john.c@mabl.co.uk">john.c@mabl.co.uk</a>	0777 610 1621
	<b>SCORESHEETS SENT TO</b>	Email score sheet or contact John for his postal address	
WOMENS LEAGUE REPRESENTATIVES			
Premier Division	Gareth Keith	<a href="mailto:gareth.k@mabl.co.uk">gareth.k@mabl.co.uk</a>	0771 176 0071
	<b>SCORESHEETS SENT TO</b>	Email score sheet or contact Gareth for his postal address	
CUP, PLATE & PLAYOFF			
Cup, Plate & Play-off	Tommy Muldoon	<a href="mailto:tom.m@mabl.co.uk">tom.m@mabl.co.uk</a>	0797 618 0513
	<b>SCORESHEETS SENT TO</b>	Email score sheet or contact Tom for his postal address	

## TEAM DETAILS & CONTACTS

Whilst the information presented here is accurate at the time of compilation, during the season some information may change due to unforeseen circumstances. If you need to amend your team's details, please inform both your divisional representative and website officer as soon as possible.

### MENS PREMIER DIVISION

TEAM	COURT		KIT		CONTACT	
			HOME	AWAY		
Blackpool	Blackpool Sixth Form College, Blackpool Old Road, Blackpool. <b>FY37LR</b>		Orange	White	<b>NAME</b>	Robert Murray
	<b>DAY</b>	Fri			<b>TEL</b>	0752 171 1946
	<b>TIP</b>	19:45			<b>EMAIL</b>	<a href="mailto:robmurray1990@hotmail.co.uk">robmurray1990@hotmail.co.uk</a>
Cardinal Langley 1	Matthew Moss High School, Matthew Moss Lane, Heywood, Rochdale. <b>OL113LU</b>		Navy Blue	Black	<b>NAME</b>	John Cihlar
	<b>DAY</b>	Tue			<b>TEL</b>	0777 610 1621
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:johncihlar@virginmedia.com">johncihlar@virginmedia.com</a>
Chorlton Jedis	Loreto High School, Nell Lane, Chorlton, Manchester. <b>M217SL</b>		Black	Yellow	<b>NAME</b>	Gareth Keith
	<b>DAY</b>	Mon			<b>TEL</b>	0771 176 0071
	<b>TIP</b>	19:30			<b>EMAIL</b>	<a href="mailto:gareth.k@mabl.co.uk">gareth.k@mabl.co.uk</a>
Free City YMCA	The Y Club Castlefield Hotel Liverpool Road, Castlefield, Manchester. <b>M34JR</b>		Blue/White	Red/Black	<b>NAME</b>	Artur Rudnicki
	<b>DAY</b>	Thu			<b>TEL</b>	0782 863 6851
	<b>TIP</b>	20:00			<b>EMAIL</b>	<a href="mailto:a.rudnicki@icloud.com">a.rudnicki@icloud.com</a>
Mavericks	Bury Grammar School, Tenterden St, Bury. <b>BL90HH</b>		Black	Red	<b>NAME</b>	Lee Fishwick
	<b>DAY</b>	Tue			<b>TEL</b>	0798 356 6488
	<b>TIP</b>	19:45			<b>EMAIL</b>	<a href="mailto:whitefieldmavericks@aol.com">whitefieldmavericks@aol.com</a>

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TEAM	COURT		KIT		CONTACT	
			HOME	AWAY		
Moss Side Tropics	Active Lifestyle, Denmark Road, Manchester <b>M156FG</b>		Red	Royal Blue	<b>NAME</b>	Daniel Cottrell
	<b>DAY</b>	Wed			<b>TEL</b>	0798 456 8565
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:d_seshie@hotmail.com">d_seshie@hotmail.com</a>
Myerscough	Myescough College, St Michaels Road, Bilsborrow, Preston. <b>PR30RY</b>		Black	Green	<b>NAME</b>	David Collister
	<b>DAY</b>	Mon			<b>TEL</b>	0780 547 9222
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:dcollister@myerscough.ac.uk">dcollister@myerscough.ac.uk</a>
Preston Pride 1	St. Augustines Leisure Centre, St Austin's Place, Avenham, Preston. <b>PR13YJ</b>		Black	Silver	<b>NAME</b>	Sam Fitzpatrick
	<b>DAY</b>	Mon			<b>TEL</b>	0778 355 1383
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:sam-fitz@hotmail.co.uk">sam-fitz@hotmail.co.uk</a>
St Helens	Carmel College Prescot Road St Helens <b>WA103AG</b>		Red	Blue/White	<b>NAME</b>	Dominic O'Neill
	<b>DAY</b>	Tue			<b>TEL</b>	0751 237 3322
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:dominic@carmel.ac.uk">dominic@carmel.ac.uk</a>
Trafford	Old Trafford Sportsbarn, St Hilda's Rd, Old Trafford, Manchester. <b>M169PQ</b>		Yellow	Blue	<b>NAME</b>	Ploutos Vourliotis
	<b>DAY</b>	Mon			<b>TEL</b>	0793 212 9693
	<b>TIP</b>	19:45			<b>EMAIL</b>	<a href="mailto:bouncebackproject@yahoo.co.uk">bouncebackproject@yahoo.co.uk</a>
YMCA	The Y Club Castlefield Hotel, Liverpool Rd, Castlefield. Manchester. <b>M34JR</b>		Red/Blue	White/Black	<b>NAME</b>	Jonathan Hylton
	<b>DAY</b>	Thu			<b>TEL</b>	07960 694 617
	<b>TIP</b>	20:00			<b>EMAIL</b>	<a href="mailto:fun4lyf12@hotmail.com">fun4lyf12@hotmail.com</a>



## MENS CHAMPIONSHIP DIVISION

TEAM	COURT		KIT		CONTACT	
			HOME	AWAY		
Canute	Manchester Enterprise Academy, Simonsway, Wythenshawe. <b>M229RH</b>		Black	Yellow	<b>NAME</b>	Kevin Garry
	<b>DAY</b>	Thu			<b>TEL</b>	0796 304 2481
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:Kayjaygee2003@yahoo.co.uk">Kayjaygee2003@yahoo.co.uk</a>
Cheshire Hornets 1	Sir William Stanier School, Coronation Street. Crewe <b>CW14EB</b>		Black	Yellow	<b>NAME</b>	Peter Lee
	<b>DAY</b>	Wed			<b>TEL</b>	0797 584 8394
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:ph152@outlook.com">ph152@outlook.com</a>
High Peak Steelers	Wright Robinson College, Off Falmer Close, Abbey Hey Lane, Gorton. <b>M18RL</b>		Black	Grey	<b>NAME</b>	Mark Thornley
	<b>DAY</b>	Mon			<b>TEL</b>	0791 952 7000
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:mark@highpeaksteels.com">mark@highpeaksteels.com</a>
Manchester Heat	National Basketball Performance Centre, Kirkmanshulme Lane, Belle Vue. <b>M124TF</b>		Black	Red	<b>NAME</b>	Warren Lewin
	<b>DAY</b>	Tue			<b>TEL</b>	0797 106 3436
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:bdu@live.co.uk">bdu@live.co.uk</a>
Manchester Kings 1	East Manchester Academy, 60 Grey Mare Lane Manchester <b>M113DS</b>		Purple / White	Black	<b>NAME</b>	Sue-Ellen Spence
	<b>DAY</b>	Mon			<b>TEL</b>	
	<b>TIP</b>	20:00			<b>EMAIL</b>	<a href="mailto:manchesterkingsbasketball@gmail.com">manchesterkingsbasketball@gmail.com</a>
Oldham Titans	Oldham Academy North, Broadway, Royton. Oldham <b>OL25BF</b>		Purple	Purple	<b>NAME</b>	Nicola Hewitt
	<b>DAY</b>	Tue			<b>TEL</b>	0775 468 4224
	<b>TIP</b>	20:00			<b>EMAIL</b>	<a href="mailto:nh35oldhamtitans@gmail.com">nh35oldhamtitans@gmail.com</a>

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TEAM	COURT		KIT		CONTACT	
			HOME	AWAY		
Our Ladys 1	National Basketball Performance Centre, Kirkmanshulme Lane, Belle Vue. <b>M124TF</b>		Green	White	<b>NAME</b>	James Whitehouse
	<b>DAY</b>	Wed			<b>TEL</b>	0772 236 9143
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:james.whitehouse88@gmail.com">james.whitehouse88@gmail.com</a>
Padgate Giants	Kings Academy, Hillock Lane, Woolston, Warrington. <b>WA14PF</b>		Grey / Green	Grey / Green	<b>NAME</b>	Jason Royle
	<b>DAY</b>	Tue			<b>TEL</b>	0798 524 9504
	<b>TIP</b>	19:15			<b>EMAIL</b>	<a href="mailto:mabl@padgatebasketball.co.uk">mabl@padgatebasketball.co.uk</a>
Preston Pride 2	St.Augustines Leisure Centre, St Austins Place, Avenham, Preston. <b>PR13YJ</b>		Black	Silver	<b>NAME</b>	Elliot Chew
	<b>DAY</b>	Thu			<b>TEL</b>	0746 071 3997
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:elliotchew94@gmail.com">elliotchew94@gmail.com</a>
Stockport Atlas	Hough End Police Club, Mauldeth Road West, Chorlton, Manchester. <b>M217SX</b>		Red	Blue	<b>NAME</b>	Paul Brookes
	<b>DAY</b>	Fri			<b>TEL</b>	0781 353 5250
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:paolobrookes@hotmail.com">paolobrookes@hotmail.com</a>
Whalley Range Rams 2	Energy Box, Levenshulme High School, Crossley Road, Levenshulme. <b>M191FS</b>		Black	Blue	<b>NAME</b>	Jay Jackson
	<b>TIP</b>	Mon			<b>TEL</b>	0745 3296609
	<b>DAY</b>	20:20			<b>EMAIL</b>	<a href="mailto:whalleyrangerams@gmail.com">whalleyrangerams@gmail.com</a>

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**MENS DIVISION 1**

TEAM	COURT		KIT		CONTACT	
			HOME	AWAY		
BC Baltic Wolves	115 Toxteth Firefit, Upper Warwick Street, Toxteth, Liverpool. <b>L88HD</b>		White	Green	<b>NAME</b>	Aurimas Brigadierius
	<b>DAY</b>	Wed			<b>TEL</b>	0754 925 2384
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:abbaurimas@hotmail.co.uk">abbaurimas@hotmail.co.uk</a>
Cardinal Langley 2	Matthew Moss High School, Matthew Moss Lane, Marland, Rochdale. <b>OL113LU</b>		Blue	Black	<b>NAME</b>	John Cilhar
	<b>DAY</b>	Tue			<b>TEL</b>	0777 610 1621
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:johncilhar@virginmedia.com">johncilhar@virginmedia.com</a>
Cheshire Hornets 2	Sir William Stanier School, Coronation Street. Crewe <b>CW14EB</b>		Black	Yellow	<b>NAME</b>	Greg Pickard
	<b>DAY</b>	Wed			<b>TEL</b>	0797 682 1857
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:greggno11@hotmail.co.uk">greggno11@hotmail.co.uk</a>
Holy Cross Spinners	Holy Cross College, Manchester Road, Bury. <b>BL99BB</b>		White	Blue	<b>NAME</b>	John Stainton
	<b>DAY</b>	Tue			<b>TEL</b>	0799 053 7143
	<b>TIP</b>	20:00			<b>EMAIL</b>	<a href="mailto:stainton_j@sky.com">stainton_j@sky.com</a>
Manchester Kings 2	East Manchester Academy, 60 Grey Mare Lane Manchester <b>M113DS</b>		Purple / White	Black	<b>NAME</b>	Sue-Ellen Spence
	<b>DAY</b>	Mon			<b>TEL</b>	
	<b>TIP</b>	20.00			<b>EMAIL</b>	<a href="mailto:manchesterkingsbasketball@gmail.com">manchesterkingsbasketball@gmail.com</a>
Mavericks 2	Bury Grammar School, Tenterden St, Bury. <b>BL90HH</b>		Black	Red	<b>NAME</b>	Lee Fishwick
	<b>DAY</b>	Tue			<b>TEL</b>	0798 356 6488
	<b>TIP</b>	19:45			<b>EMAIL</b>	<a href="mailto:whitefieldmavericks@aol.com">whitefieldmavericks@aol.com</a>

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TEAM	COURT		KIT		CONTACT	
			HOME	AWAY		
Our Ladys 2	National Basketball Performance Centre, Kirkmanshulme Lane, Belle Vue. <b>M124TF</b>		Green	White	<b>NAME</b>	James Whitehouse
	<b>DAY</b>	Wed			<b>TEL</b>	0772 236 9143
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:james.whitehouse88@gmail.com">james.whitehouse88@gmail.com</a>
Ribble Valley Knights	Roefield Leisure Centre, Edisford Road, Clitheroe. <b>BB73LA</b>		Navy Blue	Yellow	<b>NAME</b>	James Sutton
	<b>DAY</b>	Wed			<b>TEL</b>	0796 202 3249
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:jimmysutton@hotmail.co.uk">jimmysutton@hotmail.co.uk</a>
Rossendale Raptors	Alder Grange, Calder Road, Rawtenstall, Rossendale. <b>BB48HW</b>		White	Yellow	<b>NAME</b>	David Dunwell
	<b>DAY</b>	Mon			<b>TEL</b>	0745 422 6623
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:d.dunwell@live.com">d.dunwell@live.com</a>
Tameside Vikings	Great Academy, Broadoak Road, Asthton-under-Lyne <b>OL68RF</b>		White / Green	Green / White	<b>NAME</b>	Mathew Lyndsay
	<b>DAY</b>	Tue			<b>TEL</b>	0775 316 8502
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:m.lyndsay@unitedairpower.co.uk">m.lyndsay@unitedairpower.co.uk</a>
Whalley Range Rams 1	Energy Box, Levenshulme High School, Crossley Road, Levenshulme. <b>M191FS</b>		Blue	Black	<b>NAME</b>	Jay Jackson
	<b>TIP</b>	Mon			<b>TEL</b>	0745 329 6609
	<b>DAY</b>	20:20			<b>EMAIL</b>	<a href="mailto:whalleyrangerams@gmail.com">whalleyrangerams@gmail.com</a>

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## WOMENS PREMIER DIVISION

TEAM	COURT		KIT		CONTACT	
			HOME	AWAY		
Holy Cross Angels	Elton High School, Walshaw Road, Bury <b>BL81RN</b>		Red	Blue	<b>NAME</b>	Nick Ibberson
	<b>DAY</b>	Tue			<b>TEL</b>	0780 840 2213
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:n.ibberson874@btinternet.com">n.ibberson874@btinternet.com</a>
Liverpool Basketball Club	TBC: Refer to Website once information is available.		Pink	Black	<b>NAME</b>	Tommy Walsh
	<b>DAY</b>	TBC			<b>TEL</b>	0753 400 3851
	<b>TIP</b>	TBC			<b>EMAIL</b>	<a href="mailto:seftonstardbc@aol.com">seftonstardbc@aol.com</a>
Manchester Lynx 1	Loreto High School, Nell Lane, Chorlton, Manchester. <b>M217SW</b>		Black	Black	<b>NAME</b>	Catherine Trow
	<b>DAY</b>	Fri			<b>TEL</b>	0794 019 4244
	<b>TIP</b>	19:45			<b>EMAIL</b>	<a href="mailto:catmcfc1981@gmail.com">catmcfc1981@gmail.com</a>
Manchester Lynx 2	Loreto High School, Nell Lane, Chorlton, Manchester. <b>M217SW</b>		Red	Blue / White	<b>NAME</b>	Catherine Trow
	<b>DAY</b>	Fri			<b>TEL</b>	0794 019 4244
	<b>TIP</b>	19:45			<b>EMAIL</b>	<a href="mailto:catmcfc1981@gmail.com">catmcfc1981@gmail.com</a>
Manchester Valkyries	East Manchester Academy, 60 Grey Mare Lane Manchester <b>M113DS</b>		Purple / White	Black	<b>NAME</b>	Sue-Ellen Spence
	<b>DAY</b>	Tue			<b>TEL</b>	
	<b>TIP</b>	20:00			<b>EMAIL</b>	<a href="mailto:valkyriesbasketball@gmail.com">valkyriesbasketball@gmail.com</a>
Rochdale Rockettes	Canon Slade School, Bolton <b>BL23BP</b>		Orange	Grey / Blue	<b>NAME</b>	Jackie Rhodes
	<b>DAY</b>	Thu			<b>TEL</b>	0784 129 4188
	<b>TIP</b>	19:30			<b>EMAIL</b>	<a href="mailto:jackierhodes1@gmail.com">jackierhodes1@gmail.com</a>

CONTINUED ON NEXT PAGE...

Rossendale Raptors	Alder Grange C and T School, Calder Road, Rawtenstall, Lancashire <b>BB48HW</b>		Blue	Yellow	<b>NAME</b>	Sarah Gallagher
	<b>DAY</b>	Tue			<b>TEL</b>	0797 645 3364
	<b>TIP</b>	20:15			<b>EMAIL</b>	<a href="mailto:saraheworsley@hotmail.com">saraheworsley@hotmail.com</a>
Stockport Lapwings	Stockport SFA Centre, Vale Road, Reddish, Stockport <b>SK57HD</b>		White	Green	<b>NAME</b>	Nicola Maloney
	<b>DAY</b>	Fri			<b>TEL</b>	0780 252 6257
	<b>TIP</b>	20:30			<b>EMAIL</b>	<a href="mailto:epicmoloney@hotmail.co.uk">epicmoloney@hotmail.co.uk</a>
Stockport Starlings	Stockport SFA Centre, Vale Road, Reddish, Stockport <b>SK57HD</b>		White	Green	<b>NAME</b>	Ian Travis
	<b>DAY</b>	Fri			<b>TEL</b>	0771 976 7225
	<b>TIP</b>	20:30			<b>EMAIL</b>	<a href="mailto:ianfravis@virginmedia.com">ianfravis@virginmedia.com</a>

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## APPENDIX

The Appendix contains forms you can print off throughout the season. These forms are also available to download individually from the website:

1. [MABL OFFICIAL EXPENSES FORM](#) ( print page 16 - 17 )
2. [MABL REFEREE RENUMERATION FORM](#) ( print page 18 )
3. [PERMISSION AND PARENTAL CONSENT FORM & LIABILITY WAIVER](#) ( print page 19 )



# MABL MATCH OFFICIALS EXPENSES FORM

## 2019-2020

NAME			
ADDRESS			
MATCH			
DATE		TIME	
VENUE			

OFFICIAL CAPACITY (tick where applicable)					
REFEREE		TABLE		OBSERVER	

EXPENSES					TOTALS
MATCH FEE (to be collected from the home club)					£
TRAVEL COSTS					
PRIVATE CAR MILEAGE @ 35P PER MILE					£
COMPANY CAR MILEAGE @ 12P PER MILE					£
RAIL TRAVEL *	FROM		TO		£
* actual Off-Peak Standard Class return fare only to be paid				<b>TOTAL CLAIMED</b>	£

**PLEASE NOTE THE MAXIMUM CLAIM PER OFFICIAL FROM THE HOME CLUB IS £45.00**

I CERTIFY THAT THE ABOVE IS A CORRECT RECORD OF THE EXPENSES ACTUALLY INCURRED BY ME.

SIGNED		DATE	
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Current MABL Approved Match Fee Rates			
LEVEL	REFEREE	TABLE OFFICIAL	OBSERVER
1	£15	£9	£8
2	£16	£11	
3	£17	£11	
4 & 5	£18		

# MABL MATCH OFFICIALS EXPENSES FORM 2019-2020

(Continued)

Expenses paid to referees will either be in the form of:

- **Travel by Rail:**  
The actual fare paid up to a maximum of second-class ordinary return.
- **Travel by Road:**  
35p per mile. This figure does not apply where the official is using a company car, in which case the rate shall be 12p per mile for all mileage.

The maximum travel expenses a Commissioner may claim is 80 miles at 35p per mile. The maximum travel expenses a Table Official may claim is 80 miles at 35p per mile. **For double-header appointments only one set of travel expenses may be claimed.**

In the case of disputes over the payment of fees and expenses the following standard principles will apply:

1. A referee who travels to a game, having been legitimately requested to do so, should receive their normal travelling expenses from the home club.
2. The match fee for officiating should only be paid when the official actually officiates in the match in question.

At the end of the season expenses paid by clubs to Referees and Umpires in respect of MABL matches (not including Play Offs) shall be totalled and MABL will assess the average amount paid for that Division and carry out a system of Pooled Expense.





# MABL REFEREE RENUMERATION FORM

TO BE COMPLETED BY THE TEAM SECRETARY

DATE		YOUR NAME	
CLUB NAME		SIGNATURE	

MATCH NO	DATE	REFEREE	FEE (£)	UMPIRE	FEE (£)

IF YOU REQUIRE REMUNERATION THIS FORM SHOULD BE COMPLETED AND SENT TO THE MABL TREASURER AT THE END OF THE SEASON



# PERMISSION AND PARENTAL CONSENT FORM & LIABILITY WAIVER

**THIS CONSENT FORM IS USED BY THE MANCHESTER AREA BASKETBALL LEAGUE (MABL) FOR INDIVIDUAL CLUB USE, FOR ALL PLAYERS UNDER 18 WISHING TO PARTICIPATE IN THE MABL.**

## SECTION ONE

At \*

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we take the safety of under 18's very seriously and have made the appropriate checks to reasonably ensure that we meet our high standards of safety and care.

## SECTION TWO

Name of Participant (under age of 18)	
---------------------------------------	--

I am aware that the participation of the person named above in the team named in section one, has some inherent risks and injury may occur.

In consideration of my child being allowed to participate I \*\*

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the parent / carer of the participant named above, understand that my child will be 'playing up' in a team of senior players or playing against senior players in a men's basketball league. This will include physical and mental play against individuals who are older and possibly more experienced within the sport and physical contact is very likely. I acknowledge that there has been a fully informed discussion between the club, my child and myself about the suitability for my child's play and the risks involved. I also understand that my child has been registered with England Basketball and benefits from all the insurance cover this provides a player.

<b>PARENTS SIGNATURE:</b>		<b>DATE:</b>	
<b>CLUB REPRESENTATIVE:</b>		<b>DATE:</b>	

\* MABL TEAM / CLUB NAME

\*\* PARENT / CARER NAME